

## INFINITE30 CASE STUDIES

Infinite30 provides the tools and support you need for rapid weight loss and permanent wellness.

### Introducing . . . . MARTHA

#### **BACKGROUND:**

Martha was experiencing troubling signs with her health and weight. Migraines and joint pain were common. As she approached the age of 30, Martha knew she needed to make changes in her life.

#### **RESULTS:**

- ✓ Martha was able to stop taking her migraine meds.
- ✓ Martha's joint pain was completely gone.
- ✓ Martha benefited from the close supervision and support of her coaches.
- ✓ Martha got the tools she needed to resist temptation and avoid sugar and other cravings.
- ✓ Martha experienced noticeable improvement in her health & well-being. She began to feel really good.

Martha lost 30 pounds in her first 30 days on the Infinite30 program.

*"The best about the program is the coaching, the one-on-one interaction, the accountability partnership that you have with your respective coach has been phenomenal, and has really helped me stay on track."*

### Meet . . . . MARTHA



**LEARN MORE. GET STARTED.**

**Sign Up For Our Next Wellness Seminar. Hurry! Seats are limited!**

**CALL 919-263-1450**